

2010 DAM RUN RESULTS

sponsored by the Lawrence Parks & Recreation - Sat, March 27, 2010

* = new state record (all times truncated, for state records 1 sec will be added)

** = surpassed target time to make state honor roll (rev: 4/6/10)

5K RESULTS

MALE OVERALL WINNER

1. Miles Marshall (Gardner) 21:38

FEMALE OVERALL WINNER

1. Erika Gray (Lawrence) 23:15

MALE 5K 19-24

1. Kyle Stout (Baldwin City) 23:11
2. Keith Walker 25:23
3. Kyle Loucks (Lawrence) 30:11

FEMALE 5K 12 & UNDER

1. Krista Akers (Topeka) 26:55

FEMALE 5K 19-24

1. Ashley Petitjean (Lawrence) 28:41
2. Wendy Eash-Loucks (Lawrence) 30:20
3. Alex Warghime – 32:21
4. Karen Polland – 37:07

MALE 5K 25-29

1. Josh Oakes – 21:51
2. James Findley (Lawrence) 25:25
3. Matt Weiss – 27:59

FEMALE 5K 25-29

1. Erin Foley (Lawrence) 23:55
2. Janet Broome – 28:07
3. Jana Morehouse – 34:44

MALE 5K 30-34

1. Brian Williams (Lawrence) 25:04
2. Adam Williams (Lawrence) 27:50
3. Tyler Schmidt – 29:12

FEMALE 5K 30-34

1. Erika Gray (Lawrence) 23:15
2. Sarah Schmidt – 28:15
3. Tammi Soileau (Eudora) 32:20
4. Callea Breiner (Alma) 32:31
5. Maria Fogliasso (Shawnee) 32:52
6. Rebecca Armstrong (Lawrence) 32:59
7. Allison Puderbaugh – 33:00
8. Ginger Williams (Lawrence) 35:05

MALE 5K 35-39

1. Todd Rogers (Lawrence) 23:19

FEMALE 5K 35-39

1. Donna Ackley (Lawrence) 27:32
2. Katherine Burenheide (Lawrence) 32:41
3. Beth Brubeck (Lawrence) 37:57

MALE 5K 40-44

1. Miles Marshall (Gardner) 21:38
2. Eric Hansen (Gardner) 23:46
3. Charles Branson (Lawrence) 30:39
4. Rex Russell (Lawrence) 33:12
5. Chris Baranczuk (Shawnee) 38:23
6. Kris Schorno (Lawrence) 39:10

FEMALE 5K 40-44

1. Cathy Colglazier (Scranton) 23:26
2. Kathy Branson (Lawrence) 32:46
3. Jenny Streitberger – 41:17
4. Pamela Meints (Lawrence) 41:24.02
5. Marla Potter (Baldwin City) 41:24.37

MALE 5K 45-49

1. Tracy Potter (Baldwin City) 30:10
2. Marvin Bowman – 30:33
3. Mike Lawless (Lawrence) 31:54
4. Alan Ikenberry (Baldwin City) 34:00

FEMALE 5K 45-49

1. Lian Rajewski (Lawrence) 27:37
2. Kellie Westgate (Baldwin City) 28:17
3. Coleen Davison (Lawrence) 28:46
4. Laura Lauridsen (Baldwin City) 32:51
5. Kathy Ikenberry (Baldwin City) 47:14

MALE 5K 50-54

1. Phillip Struble (Lawrence) 24:27
2. Joe Cribbs (Eudora) 29:46

FEMALE 5K 50-54

1. Stacy Riggins (Lawrence) 25:26
2. Cheri Thompson (Lawrence) 28:00
3. Debbie Zlab – 29:328
4. Christina DeArmond (Eudora) 33:09

MALE 5K 55-59

1. John Peimann (Ottawa) 22:56

FEMALE 5K 55-59

1. Kayla Dieball (Manhattan) 36:04

2. Tim Schmidt – 29:43
3. Randy Jones – 34:01

MALE 5K 60-64

1. David Zlab (Tescott) 24:39
2. James Lockerby (Bonner Springs) 31:04

MALE 5K 70+

1. George Macgregor (Overland Park) 38:23
2. Karl Schorno (Lawrence) 38:36

12K RESULTS

MALE OVERALL 12K WINNER

1. John Banker (Leavenworth) 45:12

MALE 12K 19-24

1. Mark Whittemore, 24 (Lawrence) 47:21
2. Mike Have – 56:42
3. Rocco Gutierrez (Topeka) 1:03.54

MALE 12K 25-29

1. Matt O'Reilly (Lawrence) 52:17
2. Blake Neuman – 1:01.02

MALE 12K 30-34

1. John Banker, 34 (Leavenworth) 45:12
2. Juan Pablo – 54:53

MALE 12K 35-39

1. David Zabel (Lawrence) 1:03.53
2. Ryan Hartman (Lawrence) 1:05:10

MALE 12K 40-44

1. Dale Peppmeier (Topeka) 1:00.13
2. David Gundy (Lawrence) 1:03.36

MALE 12K 45-49

1. Jeff Davis, 47 (Hutchinson) 51:53
2. Mike Zabel (Lawrence) 53:46
3. Brad Kempf (Shawnee) 58:07
4. Steve Rockers (Lawrence) 1:03.42
5. Dan Dunbar (Lawrence) 1:07.59
6. Rick Kempf (Kansas City KS) 1:11.24

MALE 12K 50-54

1. Brian Daldorh, 52 (Lawrence) 48:23 **

MALE 12K 60-64

1. Ken Johnson, 60 (Lawrence) 54:25 **
2. Ronald Francisco, 62 (Lawrence) 1:09.01
3. Kerry Wolfington, 60 (Lawrence) 1:20.50

MALE 12K 65-69

1. Michael Johnson (Lawrence) 1:29.53
2. Donald Whitemore (Lawrence) 1:37.11

2. Jean Morehouse – 41:39

FEMALE 5K 60-64

1. Mary Boucher (Lawrence) 35:27

FEMALE 5K 70+

1. Laverne Deay (Wellsville) 37:56

FEMALE OVERALL 12K WINNER

1. Cindy Cameron (Westwood) 50:22
New course record; old record 55:53 set by Lisa Giullian 2009

FEMALE 12K 19-24

1. Ashley Davis – 1:12.09

FEMALE 12K 25-29

1. Lauren Adams (Lawrence) 1:08.58

FEMALE 12K 30-34

1. Mina Fazelalavi (Lawrence) 1:02.10
2. Maren Santelli (Lawrence) 1:18.55
3. Nicole Breitenstein (Lawrence) 1:23.24

FEMALE 12K 35-39

1. Courtney Winfrey (Overbrook) 1:20.50
2. Amanda Reichard (Lawrence) 1:29.53

FEMALE 12K 40-44

1. Ellen Jensen, 43 (Lawrence) 1:05.00
2. Kelly Gilbert – 1:09.22
3. Amy Girard (Lawrence) 1:14.41
4. Donna Myers (Lawrence) 1:12.21

FEMALE 12K 45-49

1. Cindy Cameron, 45 (Westwood) 50:22 *
2. Deborah Galbraith (Lawrence) 1:06.57 **
3. Susie Mercer (Lawrence) 1:09.07 **

FEMALE 12K 50-54

1. Mary Bennett, 52 (Lawrence) 1:10.35

FEMALE 12K 60-64

1. Diane Otte, 62 (Overbrook) 1:20:47 *