

# GOVERNOR'S CUP 2010 5K RUN

## Age Group Results

July 10, 2010

*Results By Race Management Systems, Inc.*

<b>Overall Female OVERALL 1ST PLACE Winners</b>							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>

1	AVERY CLIFTON	TOPEKA KS	173	18	5	18:48.8	6:04/M
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<b>Female 10 and under</b>							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>

1	DESTINY WRIGHT	Meriden KS	184	10	165	40:56.5	13:12/M
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<b>Female 11 to 12</b>							
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>

1	RACHEL SLECHTA	Topeka KS	170	12	55	26:46.2	8:38/M
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2	KAYTLYN GOODERL	Hoyt KS	39	12	64	28:07.0	9:04/M
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3	MCKYNLEY LARSON	Topeka KS	58	11	78	29:17.4	9:27/M
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4	ELAINE LAROCHÉ	TOPEKA KS	56	11	135	34:57.2	11:16/M
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5	KYLIE BUSSELL	TOPEKA KS	18	11	138	35:14.1	11:22/M
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6	LOREN STEVES	Topeka KS	100	11	149	37:23.1	12:04/M
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7	JESSICA MOORE	Overbrook KS	72	12	150	37:23.8	12:04/M
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8	SYDNEY WALSH	Lyndon KS	165	12	157	39:13.0	12:39/M
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## Female 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	GRACE PHELPS- ROPER	Topeka KS	151	14	36	24:42.7	7:58/M		
2	ALYSSA SCHULTEJANS	Silver Lake KS	171	13	38	25:05.2	8:05/M		
3	HANNA HEGEMANN	TOPEKA KS	162	13	45	25:58.3	8:23/M		
4	MEGAN LEHMAN	Topeka KS	155	13	47	26:17.4	8:29/M		
5	ALEXANDER MILLHUFF	Topeka KS	65	14	57	27:04.0	8:44/M		
6	SAM MITCHELL	Auburn KS	69	13	141	35:43.9	11:31/M		
7	KARLEE ROMINE	Topeka KS	85	14	142	35:44.3	11:32/M		
8	ALEXIS MCGONIGLE	Lyndon KS	167	13	156	39:12.8	12:39/M		

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	JACEY ZERR	Wichita KS	123	16	44	25:53.8	8:21/M		
2	HANNAH MARTIN	TECUMSEH KS	62	17	46	26:03.9	8:24/M		
3	BRITNI THOMAN	Topeka KS	104	16	129	34:36.6	11:10/M		
4	ABBEY BROWN	Topeka KS	13	19	130	34:42.8	11:12/M		
5	ERICA PETERS	TOPEKA KS	80	16	136	35:06.4	11:19/M		

## Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	JAYNA CASTRO	Pittsburg KS	189	21	59	27:17.7	8:48/M		
2	LISA ADAME	Topeka KS	191	24	63	27:31.2	8:53/M		
3	KILEEN IBARRA	Emporia KS	48	20	72	28:48.9	9:17/M		
4	BRITTANY BARON	Orange CA	206	20	96	30:40.7	9:54/M		
5	SARAH	Topeka KS	21	22	145	36:50.7	11:53/M		

## COWELL

**Female 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MICHELLE GLAZE	Topeka KS	146	27	53	26:38.8	8:35/M
2	HALEY DAVEE	TOPEKA	24	28	86	29:40.0	9:34/M
3	CASEY BURDIEK	Auburn KS	15	28	91	30:13.6	9:45/M
4	COURTNEY SCHMELZLE	TOPEKA KS	87	29	92	30:16.5	9:46/M
5	ANDREA NORMAN	Topeka KS	76	26	102	31:43.0	10:14/M
6	MARGIE BETHEA	Conway AR	7	27	127	34:32.8	11:08/M
7	SARAH SEEL	Topeka KS	90	26	143	36:33.6	11:47/M
8	SARAH SHAFER	Valley Falls KS	92	25	146	36:51.1	11:53/M
9	SINA BRENT	Manhattan KS	12	26	147	36:55.4	11:55/M
10	TINA TOWLE	Topeka KS	106	26	164	40:46.4	13:09/M

**Female 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	KRISTIN ANDERSON	Topeka KS	144	31	34	24:14.2	7:49/M
2	TATUM ECK	Ozawkie KS	29	32	75	29:01.0	9:22/M
3	JENNIFER GROSSKREUTZ	Topeka KS	40	34	83	29:33.2	9:32/M
4	KELLEY LINCOLN	Topeka KS	61	34	90	30:11.9	9:44/M
5	VICKY DONLEY	Maple Hill KS	27	31	95	30:40.3	9:54/M
6	LEANNA CHAFFEE	Auburn KS	19	34	97	30:42.9	9:54/M
7	JENNIFER SHERBER	TOPEKA KS	94	33	106	32:33.2	10:30/M
8	CANDICE IWIG	Tecumseh KS	49	32	109	32:37.6	10:31/M
9	JULIE BARTA	Topeka KS	2	32	110	32:38.2	10:32/M
10	LAURA BARTA	Randall KS	3	30	123	34:15.1	11:03/M
11	TAMMI GREEVE	Topeka KS	140	32	131	34:43.3	11:12/M

12	CASEY WOODWARD	Ozawkie KS	121	32	132	34:43.6	11:12/M
13	ERIN OLSON	Topeka KS	77	32	133	34:44.0	11:12/M
14	SARAH HUFFAKER	TOPEKA KS	45	34	137	35:09.1	11:20/M

### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	KIMBERLY WEST	Mansfield TX	113	39	69	28:37.2	9:14/M
2	TAMARA WICHMAN	Saint Marys KS	115	35	74	28:53.6	9:19/M
3	DEB GOODERL	Hoyt KS	38	38	76	29:01.4	9:22/M
4	LISA STROMGREN	Osage City KS	102	38	94	30:23.5	9:48/M
5	TANYA SCOTT	Topeka KS	89	39	111	32:40.3	10:32/M
6	CHRISTY ROOKS	Hoyt KS	86	36	117	33:31.3	10:49/M
7	CHRIS PAGE	Topeka KS	169	37	118	33:43.4	10:53/M
8	CANDI HEGEMANN	TOPEKA KS	161	36	122	34:00.9	10:58/M
9	MELANIE MCGONIGLE	Lyndon KS	166	35	152	37:54.1	12:14/M
10	ALYCE BISHOP	Topeka KS	8	38	159	39:16.3	12:40/M

### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	ROSEMARY WILKERSON	HOLTON KS	117	42	31	23:51.5	7:42/M
2	ELLEN WILLISON	Leavenworth KS	119	44	40	25:17.9	8:09/M
3	LINDA MILLHUFF	TOPEKA KS	66	42	56	27:03.5	8:44/M
4	BRENDA BECKMAN	Carbondale KS	4	40	81	29:30.5	9:31/M
5	CASSANDRA CAMPBELL	TOPEKA KS	138	40	108	32:37.1	10:31/M
6	LORI HOGAN	Topeka KS	42	40	119	33:49.6	10:55/M
7	TONYA HUTCHINGS	TOPEKA KS	46	42	128	34:36.2	11:10/M
8	LAURA	TOPEKA KS	59	40	154	38:10.7	12:19/M

	LAWLER							
9	CATHERINE GOMEZ	Topeka KS	37	41	158	39:16.0	12:40/M	
10	AUDRA SNYDER	Topeka KS	96	42	160	40:08.6	12:57/M	

### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	LYNN MASKA	Hays KS	63	49	60	27:20.0	8:49/M	
2	DARLENE MORGAN	TOPEKA KS	74	45	65	28:10.0	9:05/M	
3	ABBY MOORE	Overbrook KS	71	48	80	29:20.7	9:28/M	
4	BRENDA CURL	Holton KS	22	48	88	29:48.8	9:37/M	
5	JANET WALSH	Lyndon KS	163	48	103	32:02.3	10:20/M	
6	TINA GANNAWAY	Topeka KS	160	45	134	34:56.0	11:16/M	
7	KIM MIZELL	Meriden KS	150	45	144	36:42.6	11:50/M	
8	REBEKAH PHELPS-DAVIS	Topeka KS	187	49	153	38:07.6	12:18/M	
9	CARMEN MCEWEN	TOPEKA KS	64	47	166	41:03.0	13:15/M	
10	MICHELLE LAROCHE	TOPEKA KS	57	46	167	41:04.2	13:15/M	
11	TINA WRIGHT	MERIDEN KS	185	46	168	41:35.2	13:25/M	
12	ROBYN IBRAHIM	Wichita KS	190	46	173	49:03.5	15:49/M	

### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	STACY RIGGINS	LAWRENCE KS	84	51	42	25:47.6	8:19/M	
2	BARBARA WITTMER	Topeka KS	120	54	105	32:22.5	10:26/M	
3	TAMI FARR SMITH	TOPEKA KS	33	52	171	43:22.8	13:59/M	

### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	TERRY OLSON	Manhattan KS	78	56	52	26:36.7	8:35/M	

2	SHARON WENGER	TOPEKA KS	112	57	101	31:31.9	10:10/M
3	Dorothy Rappard	Tecumseh KS	83	56	115	33:23.3	10:46/M

### Overall Male OVERALL 1ST PLACE Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	JUSTIN GARRAND	LENEXA KS	36	23	1	15:47.8	5:05/M

### Male 10 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CARSON JUMPING EAGLE	Lawrence KS	52	10	62	27:28.0	8:52/M
2	ISAIAH JACOBS	Lawrence KS	50	10	82	29:32.7	9:32/M
3	ALEXANDER STINSON	Wakarusa KS	157	9	85	29:36.9	9:33/M
4	ian cropp	Topeka KS	178	10	148	37:21.5	12:03/M
5	SKYLER WATSON	Topeka KS	111	5	172	48:49.8	15:45/M

### Male 11 to 12

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CASON CROPP	Topeka KS	177	12	23	23:24.2	7:33/M
2	NOAH PHELPS-ROPER	Topeka KS	196	11	93	30:22.7	9:48/M
3	BARAK PHELPS-DAVIS	Topeka KS	188	11	121	33:56.7	10:57/M

### Male 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	MICHAEL PREKOPY	TOPEKA KS	82	14	10	20:30.1	6:37/M
2	GABRIEL PHELPS-ROBER	Topeka KS	193	14	19	23:06.0	7:27/M
3	BRANDON	Topeka KS	97	13	30	23:38.9	7:37/M

SNYDER

4	JEREMY CAMPBELL	TOPEKA KS	139	14	37	24:54.6	8:02/M		
5	JOHN SCHMIDT	Topeka KS	168	13	48	26:22.3	8:30/M		
6	JONAH PHELPS-ROPER	Topeka KS	195	13	66	28:10.3	9:05/M		
7	CHARLES STINSON	Wakarusa KS	158	13	125	34:27.7	11:07/M		
8	WYATT POST	MERIDEN KS	183	14	163	40:29.8	13:04/M		

### Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	JACOB BULL	Berryton KS	14	18	2	16:36.7	5:21/M		
2	SLVESTER III HARRISON	Killeen TX	143	16	3	16:38.4	5:22/M		
3	CARLOS LOPEZ	Topeka KS	179	19	4	18:18.7	5:54/M		
4	MICAH LACRONE	TOPEKA KS	55	15	14	22:03.2	7:07/M		
5	MONTANA NICOL	Circleville KS	197	17	18	23:04.4	7:26/M		
6	ALEX WALSH	Lyndon KS	164	18	22	23:23.0	7:33/M		
7	Tyler Beckman	Carbondale KS	5	16	26	23:27.2	7:34/M		

### Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	ISAIAH PHELPS-ROPER	Topeka KS	152	21	25	23:25.3	7:33/M		
2	DANNY FAUGHT	Lawrence KS	199	24	51	26:34.3	8:34/M		
3	JACOB PHELPS	Topeka KS	175	22	73	28:52.7	9:19/M		
4	ROBERT HARRISON	Pittsburg KS	141	21	99	30:50.4	9:57/M		
5	COLIN FENNEY	Wichita KS	198	24	100	30:57.9	9:59/M		

### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
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1	ANGEL Espinal	TOPEKA KS	194	25	41	25:42.9	8:17/M
2	KYLE SEIWERT	Topeka KS	91	29	54	26:44.0	8:37/M
3	AARON BRENT	Manhattan KS	9	28	67	28:10.6	9:05/M
4	RUSSELL YARNELL		122	28	87	29:43.0	9:35/M
5	TIM ECK	TOPEKA KS	30	29	98	30:44.6	9:55/M
6	JASON BRENT	TOPEKA	11	29	113	32:58.8	10:38/M

### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CAMERON JOHNSON	Topeka KS	182	30	12	20:56.7	6:45/M
2	KEVIN TILLEY	TOPEKA KS	105	31	39	25:14.0	8:08/M
3	LUKE CHAFFEE	Auburn KS	20	34	79	29:18.6	9:27/M
4	NICOLE VAN VELZEN	BERRYTON KS	108	30	120	33:51.2	10:55/M
5	PAUL MONROE	TOPEKA KS	174	31	155	39:02.9	12:35/M
6	MELISSA WYRE	Topeka KS	153	34	170	43:15.5	13:57/M

### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	PETE KOENIG	Baileyville KS	54	36	6	19:15.9	6:13/M
2	CHRIS WALTON	TOPEKA KS	109	39	9	20:19.1	6:33/M
3	CHRISTOPHER STEWART	Topeka KS	101	37	20	23:10.7	7:28/M
4	Rick Felsburg	TOPEKA KS	34	39	28	23:37.7	7:37/M
5	STEVEN BOSTELMANN	Fort Riley KS	145	39	33	24:08.5	7:47/M
6	BEN PHELPS	Topeka KS	148	35	35	24:22.2	7:52/M
7	SCOTT GROSSKREUTZ	Topeka KS	186	35	84	29:33.6	9:32/M

### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pete Konrade	Topeka KS	180	44	13	21:14.2	6:51/M
2	BENJAMIN PEASE	Lawrence KS	79	41	15	22:41.9	7:19/M



3	EDWARD PREKOPY	TOPEKA KS	81	41	89	29:51.3	9:38/M		
4	PAUL BURROUGHS	TOPEKA KS	16	41	116	33:25.6	10:47/M		
5	ROBERT STINSON	Wakarusa KS	156	42	126	34:30.2	11:08/M		

### Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	BILL GANNAWAY	Topeka KS	159	45	7	20:01.1	6:27/M		
2	TODD LOWE	TOPEKA KS	176	45	8	20:04.5	6:28/M		
3	KENNETH HARRELL	Morristown TN	41	49	11	20:55.2	6:45/M		
4	MARK WESTFALL	Mission KS	114	45	16	22:43.8	7:20/M		
5	JAMES EDENFIELD	Clinton TN	32	46	21	23:16.7	7:30/M		
6	RON MOORE	Overbrook KS	73	45	151	37:52.4	12:13/M		
7	PAUL SWANSON	Topeka KS	103	46	162	40:26.7	13:03/M		

### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	DOUGLAS DIBB	Morristown TN	25	53	24	23:24.9	7:33/M		
2	DON BRENT	Topeka KS	10	53	29	23:38.3	7:37/M		
3	RICH MORGAN	BURLINGAME KS	75	54	32	24:05.0	7:46/M		
4	KEVIN EATON	TOPEKA KS	154	54	43	25:51.6	8:20/M		
5	STEVE MITCHELL	Auburn KS	70	53	70	28:41.4	9:15/M		
6	DON BAKER	TOPEKA KS	1	51	114	33:13.2	10:43/M		
7	JIM DOBLIN	Topeka KS	26	52	140	35:40.6	11:30/M		

### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>		
1	BRADY BURTON	Manhattan KS	17	56	50	26:33.3	8:34/M		
2	TOM ECK	TOPEKA KS	31	57	71	28:43.6	9:16/M		

3	BILL BETHEA	Conway AR	6	56	112	32:57.2	10:38/M
4	JOHN ULMER	TOPEKA KS	107	59	139	35:14.4	11:22/M
5	DENNY SNYDER	Topeka KS	98	58	161	40:08.9	12:57/M

### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	STEVE SELL	Lawrence KS	181	61	17	23:00.9	7:25/M
2	LEO QUIRARTE	Emporia KS	147	61	27	23:36.0	7:37/M
3	Tom Shehi	Topeka KS	93	63	49	26:32.1	8:34/M
4	JOHN STAMBAUGH	BERRYTON KS	99	61	61	27:22.0	8:50/M
5	C. NEWBERRY	Topeka KS	142	63	104	32:17.9	10:25/M
6	DANNY CURL	Holton KS	23	63	124	34:16.5	11:03/M

### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	DAVID SCHOCK	HOLTON KS	88	68	58	27:11.1	8:46/M
2	PHIL KELSEY	OLATHE KS	53	68	107	32:35.4	10:31/M

### Male 70 to 79

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	CLAY LANG	TOPEKA KS	192	71	68	28:23.7	9:09/M
2	RALPH HOWARD	TOPEKA KS	43	70	77	29:05.8	9:23/M
3	RUSS WILLIS	Topeka KS	118	74	169	43:12.1	13:56/M

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