

# runLawrence Thanksgiving Day 5K

## Registration Form

Thurs, Nov 24, 2016

Mail entry to: **runLawrence, 2223 Westchester, Lawrence, KS 66049**

On-line signup option: <http://www.runlawrence.org/TDay5k.html>

race start: Woodlawn School – 508 Elm, Lawrence, KS

**PLEASE PRINT**

name \_\_\_\_\_

(first)

(last)

address \_\_\_\_\_

city, st, zip \_\_\_\_\_

phone \_\_\_\_\_ circle: male female

birth date \_\_\_\_\_ age on Nov 24 \_\_\_\_\_

Email \_\_\_\_\_

**Circle size:** Brooks socks, comparable shoe sizes to help make selection

Size	Women's US	Men's US	European
Small	4-6.5		34-37
Medium	7-9.5	6-8.5	38-41
Large	10-12.5	9-11.5	42-45
XL		12-14.5	46-49

Late entries not guaranteed selected size

### Schedule & Fees:

*entry fees are non-refundable*

thru Nov 17 [ ] \$26 individuals  
[ ] \$23 per person for families of 3 or more  
fill out separate entries & mail together

Nov 18-24 [ ] \$30, no family discounts

**make checks payable to: runLawrence**

Nov 23 - 11:30 am – 6 pm: packet pickup, Ad Astra Running, 734 Mass. St.

Nov 24 - 7 am–8 am – registration/ packet pickup at Woodlawn School

8:30 am – race starts.

9:20 am – free Kids 1 Mile Fun Run.

**WAIVER** - I know that participating in a running race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to run the distances of the event. I agree to abide by any decision of a race official relative to safely completing the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effect of the weather, including temperature, snow, rain and ice, and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for the race, I, for myself and anyone entitled to act on my behalf, waive and release runLawrence, the City of Lawrence, Woodlawn School and all sponsors, their representatives and successors from all claims and liabilities of any kind arising from my participation in this race even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures or any other recording of these events for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's signature if under 18